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JANUARY 22, 2014

the

SPECTATOR



BRIGHT AND BOLD:

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INTERNATIONAL DISTRICT***

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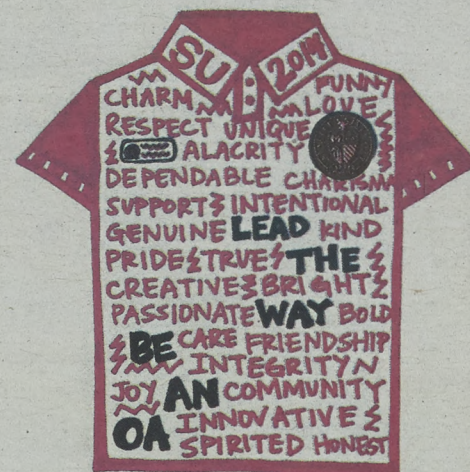
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-MICHAEL MCGILLIVARY

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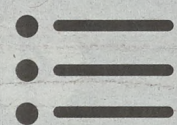


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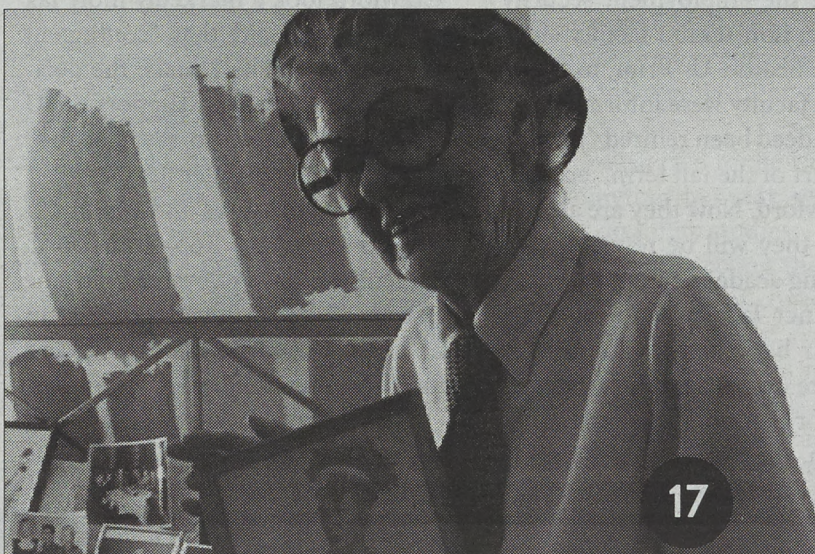
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PROVOST ADDRESSES ADJUNCT CONCERNS

Darlene Graham
Staff Writer

Recent weeks have seen heightened tensions between university administration and some faculty as the latter continue to explore unionization despite strong administration admonishment.

As both the face of university administration to the faculty and representation of the faculty to university administration, Provost Isiaah Crawford maintains his official position of opposition to non-tenure track and adjunct faculty's possible affiliation with Service Employees International Union (SEIU).

As The Spectator noted in last week's coverage of the unionization battle, Crawford "jarred" several faculty members by sending out a pair of strongly-worded messages to faculty that discouraged them from engaging with union representatives and suggested they do more research on the issue before moving forward.

"We believe our existing collaborative process of shared governance is a far better approach," Crawford said, restating his outlook of preservation.

Crawford believes the current system provides "a culture that fosters collegiate engagement and dialogue." He said the presence of "third party representation... would bring an end to the... direct communication contingent faculty now have with program directors, department chairs, deans and

the provost's office" and disrupt the "sense of community we enjoy."

That said, Crawford noted that he is conscious of and responsive to the frustrations shared by non-tenured faculty. Since joining Seattle U as Provost in 2008, Crawford said that he has been in collaboration with the Academic Assembly (AcA), working to "enhance the professional development and job satisfaction" of Seattle U faculty.

The AcA, a faculty-elected committee, has thus far chosen to remain officially neutral on the potential unionization of their non-tenured colleagues and continue to urge administration leadership to mirror this neutrality.

The outcomes of Crawford's planning with the AcA are likely to include salary increases for full-time, non-tenured faculty. Crawford provided an item-by-item plan to The Spectator delineating the steps that the administration has taken since his arrival to improve conditions for faculty, including several measures designed to affect non-tenured faculty.

For one, Crawford has secured an additional \$5.6 million that he says "ensures" a minimum annual salary of \$42,000 for full-time, non-tenured faculty without a terminal degree and additional \$3,000 for those with one.

Crawford admitted that some of Seattle U's full-time, non-tenure faculty previously earned "less than \$25,000 in some areas of the

university."

One anonymous faculty member we spoke to would likely adjust Crawford's low-end estimate, citing his own 2012 gross salary of only \$16,000.

With his planned raises, Crawford is attempting to "bring salaries to competitive levels with our peers." These raises are, according to Crawford, included in the budget proposals for 2015 and 2016.

Addressing some of the loudest cries from disgruntled non-tenure and adjunct faculty seeking to unionize, Crawford reminds critics that he has additionally taken significant steps to enhance the employment security of full-time, non-tenure faculty since arriving at Seattle U. Prior to 2008, continuing faculty were informed that they had indeed been rehired "just before the start of the fall term," according to Crawford. Now they are alerted in April if they will be returning for the following academic year.

For adjunct faculty who continue to cite their being left in the dark as to the future of their employment as a major factor behind the unionization exploration, these efforts have clearly not proven satisfactory.

The adjustments being made to the employment of part-time adjunct faculty by Crawford and his "shared governance body" are much less clear.

The plan he provided notes that the 2015 fiscal budget will include a request to raise the salary for

part-time faculty, but this raise is unspecified and is not elaborated upon.

When reflecting on his efforts to address non-tenure employment dissatisfaction, Crawford said the situation has "improved dramatically since I got here in 2008... The voice of the faculty is much stronger to what it has been."

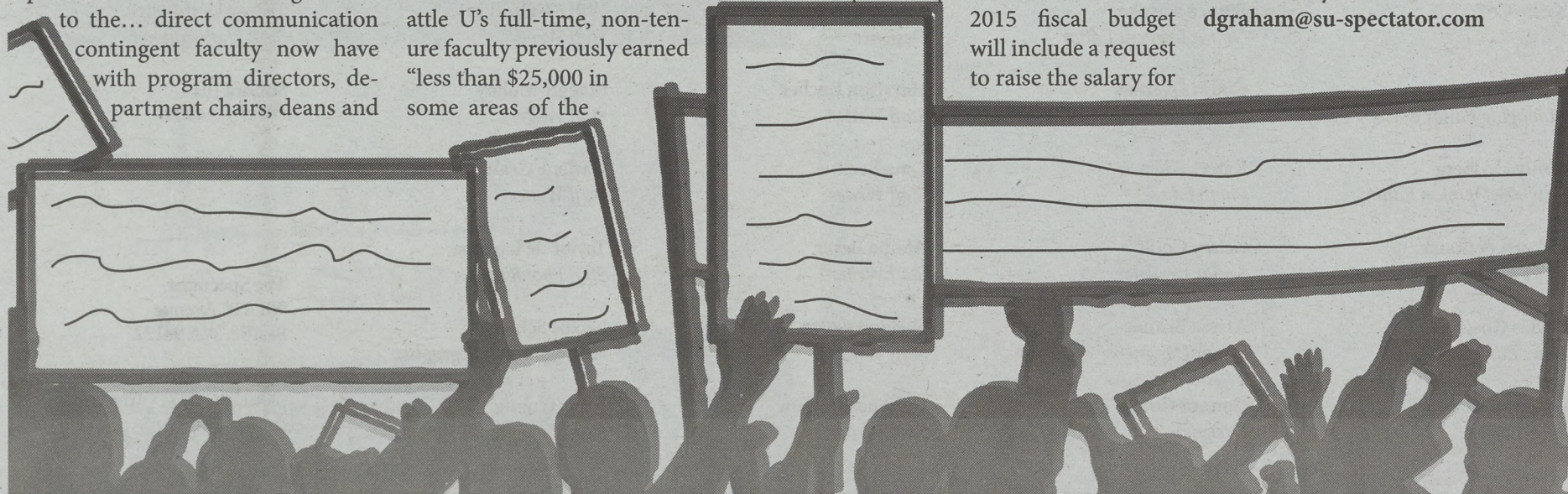
Crawford wants to ensure that there is no misunderstanding in his position: "the Provost is not anti-union... We have unions at the university and we're very comfortable with that," but a "two-tiered system," such as a union, communicating between a university and its faculty creates "tension."

Crawford took a markedly more lax tone when he said that "contingent faculty will ultimately make the decision about whether to support SEIU or not." He went on to say that they "have a right to consider it."

As reform measures and union exploration continue, Rob Rutherford, president of the AcA spoke to the question of who has the most say in the future of Seattle U's faculty and administration dialogue. According to him, students hold the balance of power at Seattle U and will play a role in whatever is to come.

"Students are the most important constituency on campus," said Rutherford. "They are why they are here."

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DEAF COMMUNITY STRUGGLES TO BE HEARD

Margaret Molloy
Staff Writer

Members of the Deaf community were outraged last month when the sign language interpreter for Nelson Mandela's funeral appeared to be faking the gestures. Many Deaf individuals felt they were being excluded from a historical event.

Unfortunately, members of Seattle's Deaf community feel they are facing similar exclusion closer to home.

Complaints have surfaced regarding the Seattle Men's Chorus's American Sign Language (ASL) interpreter, Kevin Gallagher. Deaf individuals claim that Gallagher is uncertified and his signs are unclear.

Gallagher has worked as the ASL interpreter for the Seattle Men's Chorus since 1981.

According to an open letter written by members of the local Deaf community to the Seattle Men's Chorus, several Deaf individuals have filed complaints during Gallagher's 33 years with the chorus.

The letter, published Dec. 13, states that Gallagher's "signs are not clear, his sign choices are incorrect, he does not follow ASL grammar rules, his expressions are odd. His interpretation of the songs do not match the intention of the songs."

Members of the Deaf community are urging the chorus to replace Gallagher with someone more qualified.

In a written statement responding to the open letter, the chorus's Executive Director Frank Stilwagner said they will provide Gallagher "with ASL coaching and continuing education, including moving toward certification, to improve his skills and ASL accuracy in order to better serve the entire deaf community."

According to Stilwagner's written statement, Gallagher approached the chorus shortly after it formed in 1979 with the express interest of providing ASL interpreting services at all performances.

"I've never seen the Seattle Men's Chorus interpreter, but I've heard a lot of complaints about him," said Tash Hansen-Day, a former Seattle University student who prefers they/them pronouns. They identify as Deaf, but uses a hearing aid.

Hansen-Day transferred to the University of Washington this year, pursuing a major in disability studies.

Hansen-Day reported feeling these recent events reflect a lack of consideration for the Deaf community.

"Disability access in general is not valued enough," Hansen-Day said.

Becoming more considerate and inclusive of the Deaf community be-

gins with education. Hansen-Day differentiated between the terms "deaf" and "Deaf."

"Lowercase 'd' deaf would be a medical term that an audiologist would give you to describe zero hearing," Hansen-Day said. "Capital 'D' Deaf is a cultural term for the Deaf community. So you can have some residual hearing, use hearing aids, or be hard of hearing and identify as Deaf with a capital D."

Hansen-Day described the Deaf community as "a cultural community with a shared language (ASL), customs, history, a lot of shared experience, although there is also a wide variety of diverse experience within the community."

Although the Seattle Deaf community is fairly large, only a handful of Deaf students attend Seattle U.

"We have an obligation to make sure that they have access to everything that everyone else has access to," said Richard Okamoto, the director of Seattle U Disabilities Services.

Okamoto's duties include approving and providing accommodations for students with disabilities, as well as educating students and faculty about the needs and expectations for working with these students.

Through disabilities services, Deaf students can get ASL in-

terpreters for their classes and extracurricular activities.

Seattle U also offers FM radio systems for those who are hard of hearing to use during class. These are radio transmitters that attach to a microphone on the professor and transmit to a device for the student.

Students may also request Communication Access Realtime Translation services, in which a trained captioner types the information being said in class so the student can read it on their computer screen in real-time.

Interpreters are also provided for graduation ceremonies and for major speakers on campus. Interpreters are available upon request for all other on-campus events, but students have to notify disabilities services several days in advance.

Hansen-Day noted that constantly having to reach out for these accommodations "can be really tiring and kind of disempowering, too," which voices a need for "more awareness and more commitment to supporting students with disabilities."

While Seattle U has taken many steps toward accommodating Deaf individuals, there is still a long way to go. Currently there is no ASL program or club on campus, nor are there disability studies classes.

While at Seattle U, Hansen-Day noticed "there isn't really a space for students with disabilities. And not really any sort of support network either."

Hansen-Day helped create the Coalition for Students with Disabilities, a student-run disability advocacy group.

"Interacting with the hearing world as a Deaf person can be challenging," Hansen-Day said, adding there are a lot of negative stereotypes surrounding the community.

"Not everyone who is Deaf also identifies as having a disability," Hansen-Day said. It is important to ask "how they want to be referred to and how they want to be accommodated."

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COURTESY OF SEATTLE MEN'S CHORUS

Seattle Men's Chorus sings in a concert. The chorus has received negative feedback about the quality of their ASL interpreter.

FOUNDATION FUNDS EXPERIMENTAL CLASSES

Harrison Bucher
Staff Writer

After taking several lecture-style courses, some may find themselves unprepared when faced with a real-world problem. So, what if you could spend more time solving problems from potential employers while still in the classroom?

This is as much of a new class as it is an experiment to see how it works.

Greg Mason,
Professor

In the upcoming academic year, a team of four Seattle University professors will get the opportunity to implement a new experimental teaching style involving a combination of an inverted classroom and problem based learning into a mechanical engineering class thanks to a \$171,306 grant from the National Science Foundation (NSF).

Although the grant may seem a hefty

to some, it is actually a relatively small expenditure for the organization.

The NSF is an enormous federal government agency with an annual budget of approximately \$7 billion that funds research and education in the sciences and engineering.

The inverted classroom experiment essentially moves lectures online and allows students and professors to spend valuable class time on actual problem solving.

"This is as much of a new class as it is an experiment to see how it works," said Greg Mason, associate professor of mechanical engineering. "This year we will teach the standard way with a lecture and a lab to collect info on how it is learned. Next year will be the new method. In problem based learning you are given a complex problem that is difficult to answer at first and slowly work through it by learning new topics. The problems are designed to guide the student's learning."

All the time in the classroom will be spent on solving these problems as all lectures will take place online as well as other interactive resources. These problems should be very beneficial as they more closely present real world situations rather than problems

out of a textbook.

"These problems will be coming from real industries," said Teodora Shuman, associate professor of mechanical engineering. "They are real engineering problems for a junior level course. Some of the industry partners we have are Amazon, Olympus and several other local companies."

The benefits from this new form of teaching were considered worthy of the grant.

"The idea is cool and engineering education needs to change," Shuman said. "The NSF is recognizing that there needs to be new ideas in the classroom to improve education. Most students come out as engineers and it takes a while for them to get up to speed and actually solve problems. With this approach, they are one step ahead."

Yen-Lin Han, a mechanical engineering lecturer, added "it is important to bring the industrial partners into the mix to look at potential careers."

One person who played a key role in acquiring the grant was Associate Professor of Psychology Kathleen Cook.

"My role was explaining in what ways the teaching proposal would deliver," Cook said. "I have an expertise in social psychology and going forward I will be focusing on the assessment of the class. I am developing all the measures to compare the traditional and inverted classroom to see if it is more effective."

Once this class begins next year, data will be collected to see if students learn better under this new method. Using the data, the teachers will be able to modify how problems are presented to students and analyze what kind of skills are being addressed in those problems. Once they are able to assess the class, their findings will be published. This way, other programs

can look at the data and decide if they want to apply this method of teaching to their classes as well.

The NSF is recognizing that there needs to be new ideas in the classroom...

Teodora Schuman
Professor

"This model is very applicable to the school," Shuman said. "It is easily transferrable to other programs and other universities can use it and tap into industrial partners."

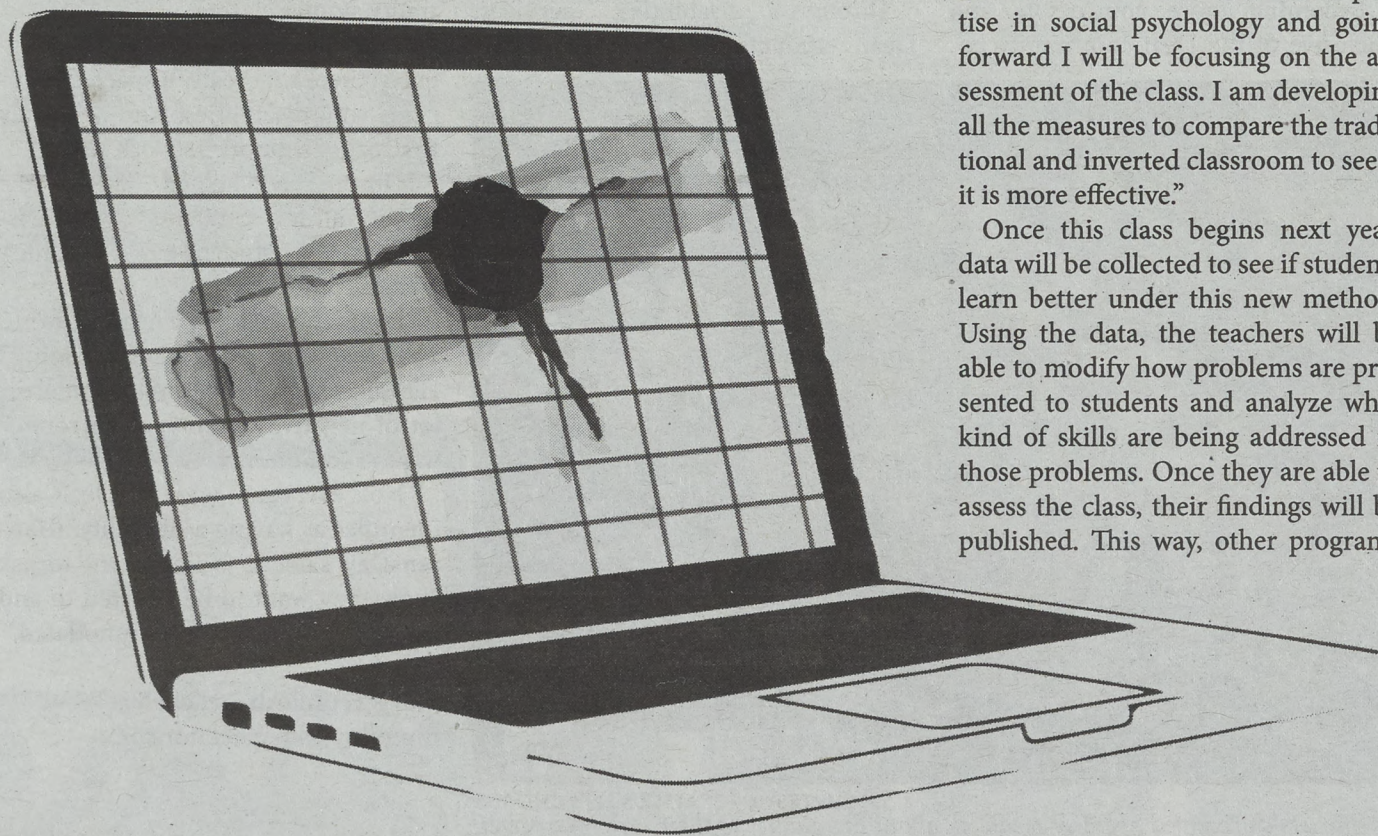
Although this class is an experiment, the teaching methods could be promising and depending on the results of the assessments, might expand.

"It's a really good model for any program or major where the focus is doing actual problem solving as it relates to the real world," Cook said. "You spend more time in the class doing and more time going over material outside of class. They spend more time in the class on problem solving which would be useful to a variety of majors and programs here and at other schools."

Teachers are always looking for better ways to help students learn and apply information. Using industrial partners will allow the student to solve the actual problems that they would face in their line of work while theory would be learned through the inverted classroom. The National Science Foundation certainly believes that this method of teaching could go a long way in helping a student learn and preparing them for life after graduation.

"It will better both their knowledge and employability," Cook said.

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SEATTLE AND COLORADO, THE NEW POT SPOTS

Harrison Bucher
Staff Writer

Mary Jane is rolling into town, pass it on.

When Initiative-502 passed last year, the commercial sale and recreational use of marijuana was made legal in the state of Washington.

By the end of December 2013, the Washington State Liquor Control Board (WSLCB) finalized its set of rules for the implementation of I-502 and the steps toward seeing marijuana retailers have started to take place.

By now, all applications for producing processing and retailing licenses have been submitted and the state will soon be awarding those licenses by allocating the allowed 334 retailers statewide to different counties and cities based on population. Seattle will receive 21 of those retailer licenses.

Since the commercial sale of recreational marijuana is still illegal at the federal level, the WSLCB made a very strict set of rules and regulations in order to allow Washington to proceed with this new initiative without interference from the federal government. As far as licensing goes, certain criteria must be met by both the applicant and the proposed location of the retailer.

"Every applicant must pass the residency and location requirements," said Brian Smith, WSLCB communications director. "The applicant and anyone they are connected with who might benefit from sales must have been a Washington resident for three months or more and must pass a criminal background check. However there will be an allowance made for people who have misdemeanors for marijuana possession."

As far as location goes, no retail location may be within 1,000 feet of any school, library, playground or park. The goal is that all retailers will be away from youth. This is mostly because the rules of I-502 were based around current rules for alcohol in which no minor may be allowed to purchase the product.

People will also have the right to

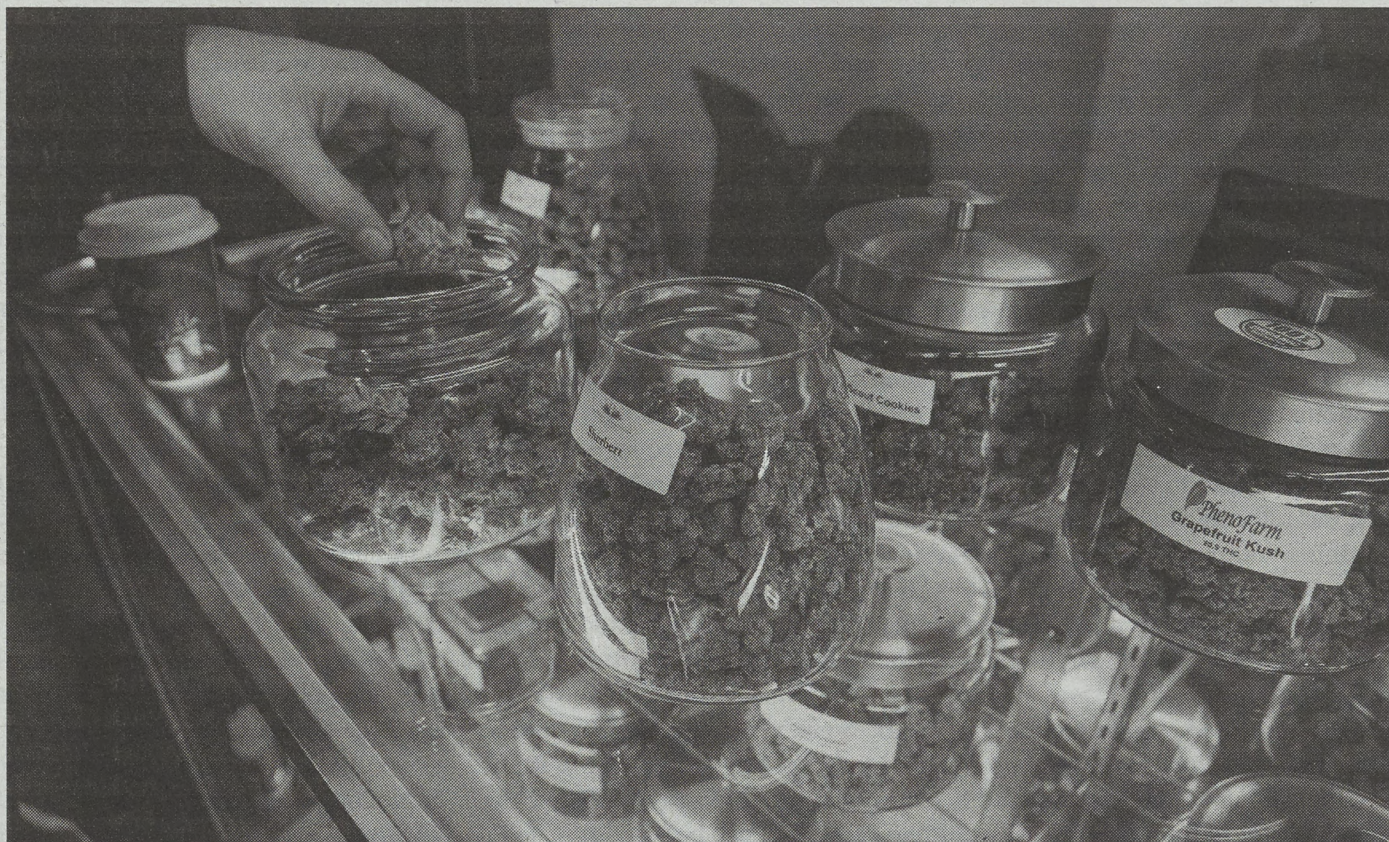


PHOTO COURTESY OF ALLIE BECKETT

Patrons look through buds at the NW Cannabis Market. Due to the passing of 502, weed is now available for recreational use for people over the age of 21.

ban marijuana retailers in their community. Therefore, even if a license is granted, there is no guarantee retailers will be able to set up shop.

Thanks to Seattle University, Seattle Central Community College, Cal Anderson Park as well as other schools and public locations, it will be very unlikely for any location on Capitol Hill to receive a retail license.

"We wouldn't say that any area is blocked off," Smith said. "But I have seen some maps of Seattle and it is so dense in the Capitol Hill area that it will be very difficult."

There will most likely be no marijuana retailers opening up near Seattle U.

"I think it makes sense as a rule, but the result seems to be counterproductive since Capitol Hill is where a large portion of the population of marijuana users reside," said Seattle U senior Chloe Bodine. "But I don't think it will stop anyone from buying if they want to do so."

It should be interesting to see where the retailers sprout up as several businesses have applied for retailer licenses

including Cupcake Royale located in the Capitol Hill area. However the founder Jody Hall recently told The Seattle Times that she submitted the Cupcake Royale location on Capitol Hill as a placeholder, hoping she would find a more suitable location later on. She didn't.

Another problem for companies like Cupcake Royal is that the retail license requires the business to strictly sell marijuana and marijuana-related goods. They would not be allowed to diversify their products by selling marijuana infused and non-marijuana infused goods.

Another set of rules by which retailers must abide is that they cannot package or open the marijuana themselves. They must strictly act as a retailer for state-issued products that come in child-safe packaging.

Washington will be issuing 40 metric tons of marijuana to the selected retailers to sell in the first year.

"Consultants said we can hope to get 25 percent of the market by the end of this year," Smith said.

For now, the WSLCB anticipates

that the legal selling of marijuana will begin in June of this year. First they must award the 334 licenses. If there are more qualified applicants to a particular region than the amount of licenses allocated to that region, there will be a lottery to decide which retailers will receive the license.

Washington and Colorado are the first states to legalize the commercial sale of recreational marijuana and it will certainly be interesting to see how the initiative plays out and if similar laws begin to take effect in other states.

"It's a big deal," Smith said. "We are like pioneers here as there is no blue print for us to follow. We are just trying to carry out the will and spirit of the initiative."

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SU STUDENT STABBED, ASSAILANTS ARRESTED

Alaina Bever
Staff Writer

Students who may have forgotten that Seattle University is an urban campus received a rude awakening last week when a student was stabbed on campus.

Early on the morning of Wednesday, Jan. 15, a 24-year-old Seattle U student was assaulted and stabbed in an attempted robbery on campus. According to the timely warning notification emailed to students, the student was returning to campus near the administration building when the attack occurred.

Tim Marron, Seattle U's executive director of Public Safety, said the victim defended himself and was able to get to an emergency-safety phone to alert Public Safety of the attack.

A Public Safety officer reached the victim within one minute of the call, realized that the victim was in need of medical attention, and called for medics while other public safety officers pursued and cornered the suspects.

"Within 12 minutes of the victim pushing the emergency button, two of the suspects were in custody and the other one was surrounded," said Marron. "Basically within 30 minutes of the victim pushing that button, all suspects were caught and the victim was in the hospital being prepped for emergency surgery."

The suspects in the assault are a 15-year-old boy, a 16-year-old girl, and a 23-year-old man. According to The Seattle Times, the juvenile suspects were booked into the Youth Services Center and the adult suspect into the King County Jail. They faced their first court appearance on Thursday, when bail was set for \$1 million for the adult victim, according to The Seattle Times.

Although this incident is a reminder of the hazards involved in living on a campus in the heart of a large city, Marron is proud of Public Safety's response and hopes that students feel safe on campus.

"These are the types of incidents that we have been training the officers

for," Marron said. "I know often times it seems like universities' Public Safety departments are viewed as being here to catch the students making policy violations. That is not our primary mission...The primary reason why we have Public Safety officers is to protect the lives of the people on campus."

Marron, who started working at Seattle U last June, explained the processes involved in training officers for incidents like the stabbing. Training includes weekly practices of emergency situations over the summer months, as well as training specific to emergency situations.

"We've instituted a training program to get the officers' skills up to the point where they are proficient in responding to emergencies like this," Marron said. "So we've provided them training and policies and procedures to make sure that our response is going to be the best that it can be."

In addition to new training programs, Public Safety has also recently added four new dispatcher positions. This change maximizes staffing for assistance in emergency situations. In addition, Marron believes that the presence of more uniformed officers on campus deters potential suspects from loitering and even assaulting.

These are the types of incidents that we have been training the officers for.

Tim Marron,
Public Safety

The recent stabbing incident is just one of many timely warning notifications that students have received over the past few months. Although many students have come to accept that crime is part of living on an urban campus, these events are unsettling, especially for freshmen students who might not be used to living in the city.

Most students noticed the stabbing incident and have since been talking about what it means for an incident

like this to have happened right on campus, in an area that most students pass through daily.

Ciana Brogan, a Seattle U student, said she wasn't surprised by the incident.

"I think it's weird because I've been getting more alerts than last year," said Eli Gatchalian, another student at Seattle U, when asked about the recent stabbing incident.

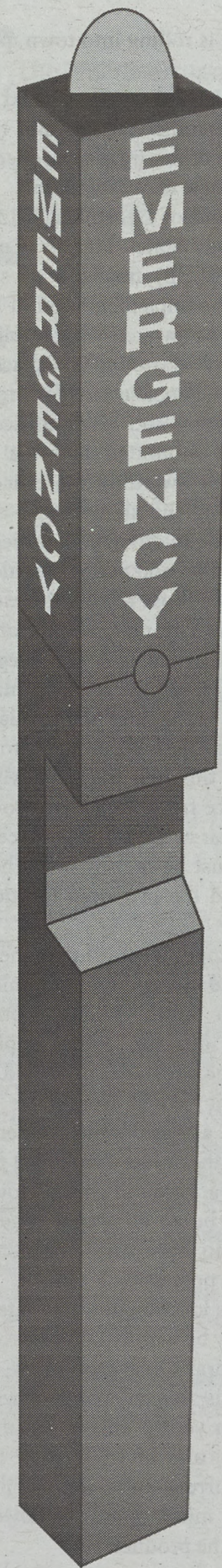
For those worried about safety on Seattle U's campus, Marron wants to remind students and their families about the message he delivered at freshmen orientation.

"In any urban environment, you have to develop a way of living and operating in that environment," Marron said. "It's really easy to get comfortable in an urban environment because you get so used to it that you don't think, 'Something could happen to me.'"

Marron wants to remind students to utilize Public Safety and that, if in danger, get back to campus when possible. The victim in this incident did respond appropriately and Public Safety's success in tracking down the victims is due in part to the victim's reaction.

"That's one thing that I want to make clear is that this student did everything right," Marron said. "He deliberately picked his path back to campus. And sometimes even when you do everything right, other people have other things in mind. These people saw him, decided to follow him, and his choice to come onto campus where help is really close by was a great idea."

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STUDENTS NOT WON OVER BY OBAMACARE

Sumedha Majumdar
Volunteer Writer

From 2009 to 2013, it has been quite a roller coaster ride for President Barack Obama's Affordable Care Act, better known as Obamacare. Signed into law by Obama on March 23rd, 2010, and upheld in the Supreme Court on June 28th, 2012, the law has since moved forward amidst questions and uncertainty in the efforts to make the act work for the public.

The goal was to provide insurance to all Americans, especially to those who needed it the most—youth. Students between the ages of 18 to 34 were seen as the group that needed the insurance, and the Obama administration worked to advertise the bill particularly to that age group.

As of December 2013, however, only 20 percent of the college student population had signed up for the Affordable Care Act (ACA). A number which is lower than what the Obama Administration had expected. Such could be a result of a number of things including receiving adequate insurance from other sources.

Amy Teresa, junior, junior, says, "I have insurance from the school." Many universities provide insurance to students. In addition, retailers and

other companies often provide insurance to their employees and that is another reason why this hasn't appealed to students the way the lawmakers would have wanted.

Information is out there,
and [students] could
find it if they searched.

Louisa Edgerly,
University of Washington

Workers employed at companies like Fred Meyer and Safeway are insured through the employer and their insurances usually cover for 80 percent of the total costs.

The ACA dictates that students can stay on their parents' insurance until the age of 26 regardless of their marital status. This makes it easier for students to have access to insurance.

Avery Caruthers, junior, stated that she too is on her parents' insurance and also pointed out that students may not have a lot of knowledge about Obamacare, despite the effort by the advertisement campaigns.

Louisa Edgerly, a professor of communications and journalism at Washington University, pointed out that

enrollment may be slow because students often work multiple jobs and focus mainly on getting by and paying bills. She worked with students in a communication leadership program to interview young people about this very topic, finding that answers were varied.

"Several people we spoke to were also very skeptical about both the for-profit insurance industry and its ability to deliver truly affordable insurance plans, and about the U.S. health care industry, with its opaque schemes, non-transparent pricing of services, and confusing rules and regulations," Edgerly said. "So, this attitude seems to have made them reluctant or slower to sign up for individual plans through the health exchange services."

However, Anis Beyzaee, a student of Bellevue College plans to sign up. The cost of having insurance under the ACA could be zero depending on the income and the size of the family, he said—a piece of information not known to all.

"From what we heard in our research project, many young adults do not have much information about exactly what is available to them now through the ACA," Edgerly said in an email. "Information is out there, and they could find it if they searched, but

the motivation to search for it seems to be low among relatively healthy young adults."

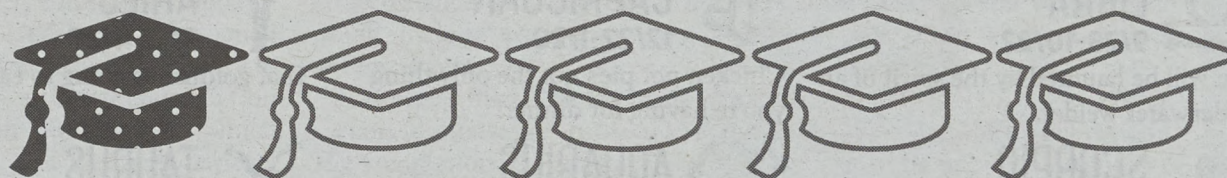
Washington state has had over 69,000 people sign up for Obamacare and is considered to be one of the states where the ACA has tasted success.

Even with the glitches in the system that made online application difficult and forced the White House to make official statements, the Affordable Care Act seems to have picked up and even though the initial signups says a different story, it'll change with time. Considering the fact that we have more insured people than we did yesterday, we need to give this time to see how it plays out and whether or not it appeals to our student body remains a question that will be answered in the future.

The editor may be reached at
news@su-spectator.com

IN DECEMBER ONLY

20%



OF COLLEGE AGED PEOPLE WERE REGISTERED FOR OBAMACARE

SUDOKU

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THE 10

10 NEW WAYS TO
STAY IN SHAPE

- 10 Lifting your mom
- 9 Wear really heavy rings while typing
- 8 Breathe through a straw all day
- 7 Throw large car parts
- 6 Hop Scotch
- 5 Grindr/Tindr/Lulu
- 4 Race the Segways
- 3 Swim laps in the reflecting pool
- 2 Vigorous gardening
- 1 Be our ad manager, please

HOROSCOPES

LIBRA
9/23-10/22

You will be haunted by the spirit of an underwater welder.

SCORPIO
10/23-11/21

Your dentist might massage your neck this week if you're lucky.

SAGITTARIUS
11/22-12/21

Refuse a spontaneous hot air balloon ride this weekend.

CAPRICORN
12/22-1/20

Chicken pot pie's not the only thing you're having for dinner!

AQUARIUS
1/21-2/19

Your sperm count is getting dangerously low.

PISCES
2/20-3/20

Don't let winter quarter get you down—you have mail on the way!

ARIES
3/21-4/20

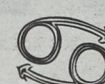
That goldfish is going to eat its young.

TAURUS
4/21-5/21

An impressionist painting of a shoe-horn will bewitch you this week.

GEMINI
5/22-6/21

Your skin is cracking.

CANCER
6/22-7/22

You will shed 118 pounds this week—go see the doctor.

LEO
7/23-8/22

Soft, enchanted cheese will give you newfound hope this weekend.

VIRGO
8/23-9/22

The unbridled tide of scurvy will leave no survivors.

OUT OF THE ASHES:

THE RISE IN ARTS, BUILDINGS & THE FUTURE OF THE ID

Kellie Cox
Editor-in-Chief

Like the ravaged Hudson Building, which lit up in flames this past Christmas Eve, the Chinatown-International District has been on the verge of toppling for quite some time now.

Almost a month since the fire broke out, a chain link fence still blocks off large chunks of King Street and Maynard Alley. The blockade keeps pedestrians away from the “collapse zone” of a fire-damaged building with 140 years of history.

Perceptions that the International District (ID) is unsafe and unclean have kept Seattleites at a distance for years, which has forced many small businesses in the area to shutter. Increased parking rates, illegal dumping in the neighborhood’s once lively alleys and disruptive streetcar construction have all taken a toll on the district. The Hudson Building fire, which uprooted popular businesses like Mon Hei Bakery and Liem’s Aquarium, was just the tip of the iceberg.

“There are a lot of questions the fire raises about the status of a lot of the historic buildings in the neighborhood,” said Maiko Winkler-Chin, executive director of the Seattle Chinatown-International Preservation and Development Authority. “Is this a wake-up call for property owners to start thinking about what it is they should be doing with their properties? Is it a wake-up call for the city?”

It seems like it could be.

“Everyone came together,” said Don Blakeney, executive director of the Chinatown-International District Business Improvement Area, of the community’s reaction to the fire. “I’ve been working in the neighborhood for four years now and I’ve never really seen it in action like that after adversity.”

The flames brought more attention to the neighborhood than it’s seen in years and, in the face of tragedy, the community rallied with more spirit than expected. The abandoned building is now a visible reminder that much of the neighborhood must be redeveloped in order for it to survive.

Property owners will be required to upgrade Chinatown’s older buildings in accordance with new city ordinances in the next several years, which would include equipping them with fire protections and up-to-code reinforcements.

This places the ID on the brink of a perfect storm.

Plans for housing construction are in the works across the neighborhood. The completion of the First Hill Streetcar—set to be up and running this year—will likely attract more consumers to the area. The arts community, which has been quietly reviving the neighborhood’s empty lofts and storefronts for the past three years, continues to grow at a rapid pace.

If these plans come to fruition, and the artistic community continues to grow, the ID will be well on its way toward becoming the city’s new “it” spot. Within 10 years, Blakeney thinks the ID will see a major turnaround—it will be “the most exciting neighborhood” in all of Seattle.

I.D. FUELED FOR FUTURE DESPITE DAMAGE BY FIRE

On one side of 6th Avenue and King Street, handfuls of businessmen with leather briefcases hustle around a shiny, contemporary office building. Sandwiched between the beginnings of Pioneer Square and endings of the International District, the metropolitan island hosts corporate occupants like Getty Images and Intel. At street level, a Starbucks and Tully's look out of place amid the ID's humble mom-and-pop shops.

Across the street, the dilapidated Publix Hotel awaits its slated renovation date—windows are broken in and the front lobby of the building, obscured by layers of grime and cobwebs, looks more like a cave than an empty urban space. Drug addicts and drunk people often wander along the sidewalk below.

This stretch of 6th Avenue speaks to both the troubled recent past of the neighborhood and its possible future. As big businesses cocoon the district and the streetcar nears completion, development is beginning to occur at a rapid pace in the ID.

In July, The Seattle Times reported that Asian grocery chain Uwajimaya would revive the Publix Hotel, which has been largely unoccupied since it closed in 2003. Although it was once a low-cost refuge for migrant workers from Asia, the historic building fell into disrepair after high maintenance costs forced the hotel to shut down. Now, Uwajimaya plans to make the Publix a market-rate apartment complex that will economically diversify the neighborhood.

Blakeney thinks that housing projects like the Publix will be the neighborhood's linchpin in coming years. Right now, the ID can't compete with the verve of highly populated areas like Capitol Hill, which boasts 20,000 to 25,000 housing units on average. The ID has only a meager 2,000 to 3,000.

Although the Publix's renovation is, perhaps, the most publicized development underway in the neighborhood—and housing may very well be that linchpin that pushes the ID into a needed redevelopment stretch—major real estate and cultural changes have been brewing within the district for years.

Seattle's creative class was one of the first to spot potential in the run-down district. Home to hundreds of working artists, the ID is secretly one of the city's biggest art hubs. In the past two years alone, the International District has

built, opened or secured funding for 237 working art spaces. These new art spaces have meant quiet renovation for much of the ID.

Rising rents and decreasing vacancies across the city have been pushing artists out of "hip" neighborhoods like Capitol Hill and Fremont and into low-cost areas marred by barren storefronts. Although many of the ID's restaurants and stores struggled in recent years, artists have managed to thrive in the cheap commercial spaces, lofts and factory basements the shuttered businesses left behind.

In 2004, John Bisbee and his wife opened the KOBO gallery in the abandoned space once occupied by Higo general store. Located in the heart of Japantown, KOBO now hosts art-related community events and sells work by local artists of primarily Asian-Pacific descent. Many cite KOBO as being the first art-minded venture to really attract artists from outside the international community to the ID.

"[KOBO and Momo] have...led the way in the neighborhood toward a different kind of business that reaches toward more contemporary possibilities for the neighborhood," said Beth Cullom, owner of the nearby Cullom Gallery.

Japantown now has the greatest concentration of high-end art galleries in the neighborhood. One block from KOBO, on Main Street, the H.T. Kubota building houses 17 studios occupied by a number of commercial galleries like Prole Drift, Nin Truong's WKND Studio and Bryan Ohno's Urban Art Concept.

"We've definitely changed the balance in this area," said Bisbee.

I've never really seen [the ID] in action like that after adversity.

Don Blakeney,
Business Improvement

Other artists occupy street-level spaces because of Storefronts Seattle, a neighborhood support program that puts art and artists into vacant retail spaces, which former project manager Matthew Richter called "missing teeth." Every empty storefront the program fills

citywide is renovated and, for three years, Storefronts helped beautify 11 windows in the ID, making it the program's most populous neighborhood to date. The goal of the program is to "brighten" dead street corners in hopes of attracting more business owners,

residents and consumers to a neighborhood.

"It's not just that [Storefronts] can fix spaces. It's that people want to live upstairs from the gallery," Richter said. "People want to live upstairs from the art installation. People want to open a café

"I SEE THE
[CHINATOWN-INTERNATIONAL
DISTRICT] BEING THE MOST
EXCITING NEIGHBORHOOD TO
LIVE IN."

-DON BLAKENEY
CHINATOWN-INTERNATIONAL DISTRICT
BUSINESS IMPROVEMENT AREA

next to the gallery."

But most of the Storefronts artists didn't stay in the ID long—studios are offered only temporarily—and neither did the organization, which moved its headquarters out of the ID in the latter half of 2013. Still, three installations—Tuesday Scarves, the

that vacancies have markedly decreased in the ID over the past year.

But the Japantown galleries and Storefronts studios are just the tip of the artistic iceberg—hundreds of other artists

There's a lot more happening than what you can see walking up and down the street.

Maiko Winkler-Chin
SCIDpda

are working in hidden lofts and basements throughout the district.

"There's a lot more happening than what you can see walking up and down the street," Winkler-Chin said.

Dirk Park and Jaq Chartier, who lease Japantown's H.T. Kubota building, also lease a second, less visible artist complex in the ID—with 45 studio spaces, it's far bigger than their Japantown hive. In 1996, Seattle University former artist-in-residence Mary Peters opened an artist hive called Noodleworks in the basement of an old fish factory.

But even those sizeable arts complexes look modest in the shadow of the INScape hive, which occupies the city's former Immigration and Naturalization Services Building on the fringe of Chinatown. INScape is the biggest art space in the entire city and it's also one of the cheapest.

In its 19th and 20th century heyday, the INS Building was one of the highest-security compounds in the U.S., detaining about 750 undocumented immigrants at a time. During the Gold

Rush, the government hid gold reserves in a large safe on the fourth floor. Today, it stores the art supplies of well-known Seattle painter Tracy Boyd.

We've definitely changed the balance in this area.

John Bisbee,
Gallery owner

Pinball Museum and the Massive Monkeys dance studio—found permanent homes in the area. Although it cannot be directly attributed to the program, Winkler-Chin noted

building's dormitories, cells and offices into 125 studio spaces. Instead of immigrants, prisoners and government officials, the building now holds tenants like Urban Artworks, XBOT ROBOTICS, and fashion designer Michael Cepress.

Before Farrazaino claimed, redeveloped and resurrected the building, it was a forgotten monument gathering dust at the edge of a sleepy neighborhood.

Although theories about these artists' effect on the urban cycle of development have yet to be agreed upon—like the chicken and the egg, the question has no answer—many believe that art can make or break the future of a neighborhood.

"It's the story of so many cities and neighborhoods that the creative class comes first and then after that comes higher-end commitments by commercial real estate," Cullom said. "First the area is forsaken, then a few people come in and then it hits a critical mass."

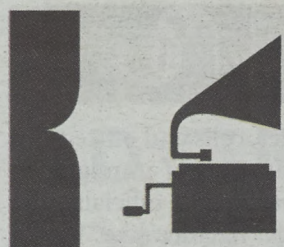
If the neighborhood continues to plug along on its upward trajectory—that is if housing is erected, the arts community continues to grow, and property owners address the shaky state of the historic buildings in their care—the ID will likely reach its critical mass within the decade.

Judging by the community's active response to the Christmas Eve fire, Blakeney's prediction that the ID will be "the most exciting neighborhood" doesn't seem too far-fetched. Right now, the CIDBIA plans to construct a lively parklet in one of the district's "dead zones" and expects to rid the alleys of overflowing dumpsters by the end of the year. They've also launched a campaign to expand the iconic Hing Hay Park. SCIDpda aims to turn the run-down Bush Hotel into a co-working space for artists, designers and young entrepreneurs.

As far as the ruined Hudson Building goes, progress has already been made—the tragedy forced property owners to sit down with the building's former occupants for the first time in 30 years. The fire may have sparked a promising future for the ID.

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BLACK AND WHITE PHOTOS COURTESY OF THE
WING LUKE MUSEUM OF THE ASIAN PACIFIC
AMERICAN EXPERIENCE



WINTER 2014 FASHION

Sheldon Costa
Staff Writer

Winter is a magical time of year: when else can we cover our pale, holiday-softened bodies under layer after layer of wool, or expose only the thinnest slit of our faces—between our scarves and beanies—to the outside world? Despite its obvious superiority over the other seasons, however, winter can often be a vexing time for the budding fashionista. With so many blacks and earth tones, things can start to feel a little bleak. To help you out, we here at The Spectator have put together a list of pieces to help make your wardrobe sing this winter.



1 OVERSIZED COATS

The famous fashion photographer Bill Cunningham once said "Fashion is the armour to survive the reality of everyday life." If anything in the fashion world comes close to armor, it's oversized winter coats—they reign supreme in winter wardrobes and you owe it to yourself to find a perfect match for your particular style. Oversized wool coats with cavernous hoods are popular this season and offer a good bit of warmth—just make sure they fit well on your shoulders. If you prefer to look like a vampire queen, low-cut Edwardian jackets are for you. They're warm enough if you layer and strike a fine balance between bohemian and aristocratic. Of course, an army green parka will both keep you warm and remind everyone of how great the show "Freaks and Geeks" was.

2 PLAID

If you've lived in Seattle longer than three years, wearing plaid shouldn't be too hard; you probably already have plenty of flannels at your disposal. If you're feeling a little zany, try to mix a plaid skirt or maybe even plaid trousers into your outfit. A lot of jackets and boots are now coming out with hints of plaid, if head-to-toe plaid seems like too much. You could also spice up a relatively somber outfit with a plaid belt. Either way, you'll end up looking like a Scottish warrior, which is all we really want, isn't it?

3 TWEED

If your wardrobe is currently bereft of tweed, you're missing out on one of this winter's most academic delights. Tweed pants, tweed jackets, tweed caps—try it all. Tweed is always a nice way to flirt with a more refined wardrobe without looking too much like you stumbled out of a J. Crew catalogue. While traditionally a fall or spring fabric, tweed can work just as well in winter, particularly on a dry, cold day. If you're trying for something more traditional, wear a bow tie, vest or soft, luxurious cashmere sweater beneath a tweed coat to remind everyone that you've read "Ulysses." Twice.

4 TOGGLE COATS

Do you know what a toggle coat is? Because I didn't. As it turns out, toggle is just another name for the more traditional duffle coat, which was originally made from the same material as duffle bags, with toggles on it. They've made a huge resurgence in the last few years as the hip new replacement for the more traditional peacoat, complete with—get this—a hood. Plus, they swap out those pesky buttons with nice, folksy-looking toggles—those little rods of wood you see people casually unclenching as they peruse Elliot Bay Book store. Now, I know I already mentioned coats above, but toggles deserve their own mention because they're so ubiquitous these days. Considering that fashion—like all art forms—is half inspiration and half blatant thievery, you're going to have to grab one of these bad boys if you plan on keeping with the times. Plus that Oliver Tate character in "Submarine" wears one and that movie is crazy good.

5 FAUX FUR JACKETS

Alright. This is the last time I mention coats. I promise. But like I said, jackets are the most important part of any winter wardrobe. I don't know if it's because Macklemore wore one in his "Thrift Shop" music video or if some celestial arrangement has reignited our bourgeois aspirations to mimic the nouveau riche without offending our animal-loving ethics, but faux fur jackets are all over the place these days. If you think you can pull this off without looking too outlandish, then go for it. Try some interesting designs in black and white just underneath the coat and you'll look classy without seeming ostentatious.

6 DIGITAL PRINTS

Nothing says high art like printing Klimt's "The Kiss" three million times on crew neck t-shirts in a factory in Bangladesh and selling them for 10 times their worth at Urban Outfitters. If the winter gray has you down, spice up your outfit with shirts and dresses that have beautiful designs or photographs printed on them. The look might be a little too timely for those who are seeking a more classic style, but if you're the kind of person who wants to thwart the gaze of The Other by drawing attention to your knowledge of French impressionism, stock up on some cool items with your favorite artwork printed on them. Slap these underneath an otherwise drowsy outfit and the explosion of color and vibrancy may very well make the sun come out. Just kidding. The sun will never come out.

7 BOUDOIR FASHION

According to Trendspot, something called "Boudoir fashion" is very much "in" this year. For those who don't know what "boudoir" means, it's an 18th century French term for a woman's bedroom. For those who aren't afraid to show a little skin, this style can be a fun way to trick your body into thinking it's summer. The style is mostly defined by pieces that reveal or allude to the presence of undergarments beneath your outer layers. While a breezy, semi-transparent chiffon blouse might seem unrealistic when it's 20 degrees outside, just complete the outfit with a thick coat (one with toggles, perhaps?) and you'll be fine. Plus, you'll have the added satisfaction of looking like a sensual dynamo the moment you remove your tame winter parka. If full visibility is a bit much, you can take my advice on digital prints and get a shirt or blouse with some lingerie printed over top. Surprisingly, there are a number of these available that don't come off as tacky or like one of those t-shirts your uncle picked on vacation that has a bikini bod on it.

8 PUNK

So, it turns out "punk" is now a bona fide fashion style. Despite my initial perceptions of the term "punk," Vogue seems to think it means leather biker boots and studded jackets. Go figure. If you're not interested in looking dapper this winter and want something more visually in tune with the way that morose Seattle weather makes you feel, up the ante by investing in a new leather jacket, some steel-toed combat boots, and very, very tight pants. This style also opens the door to some pretty solid accessories: bullet casings for earrings, bird-skull necklaces, and patches. Lots of patches. If you're trying for something even more "punk" however, disregard all fashion tips and just wear whatever you want. Clothes are ultimately just our attempts to portray externally what we think we are internally; your style, whatever it may be, is the most immediate perception of yourself you present to the world. If you want to be punk, free yourself from fashion tyranny and do whatever you want with your wardrobe.

9 MOODY FLORALS

If the weather is going to keep flowers from beautifying the city, just cover your body with them. Stick with darker colors to keep it seasonally appropriate, but other than that, integrate floral print into your style however you like. This might just be a colorful collar sticking out from beneath your sweater, or full-blown floral palazzo pants or high-waisted jeans. All that matters is that you look like a walking flower garden, but just a little bit more in-tune with the weather outside.

Sheldon may be reached at scosta@su-spectator.com

WOMEN SEEK EQUITY IN FILM AT SIFF

Grace Stetson
A&E Editor

When we focus on starlets like Jennifer Lawrence and Scarlett Johansson, as well as directors such as Kathryn Bigelow, you may believe that women are making a dent in the film industry. Not so fast.

According to a 2012 study by USC's Annenberg School of Communication and Journalism, the number of female characters in the top 100 movies of the past five years have decreased substantially. As they state in their study, "out of 4,475 speaking characters on screen, only 28.4 percent are female, [which] translates into a ratio of 2.51 males to every one female on screen." Female directors are also underrepresented in the industry, with women accounting for "4.1 percent of directors, 12.2 percent of writers and 20 percent of producers."

According to a recent article by The Week, of 2012's top 100 movies, only four were directed by women. In fact, when looking back at Oscar nominations for Best Director, only four women have ever been nominated in the award show's 85-year history. Of those four, Bigelow has been the only one to win, for 2009's "The Hurt Locker."

It stings many to see that even now, in 2014, women are still underrepresented and underappreciated in one of the biggest and most respected industries in the world. Yet, there is an upcoming event from the Seattle International Film Festival (SIFF) that will give a voice to those of us who have been so often pushed aside.

Beginning on Jan. 22, SIFF will host Women in Cinema 2014, a five-day event that will showcase nine female-directed films from around the world. Films will star popular actresses such as Taylor Schilling of Netflix's "Orange is the New Black" and Anna Paquin of "The Piano" and "True Blood" fame.

Director of Programming Beth Barrett explained that the event is currently in its second year of "the return," after running for seven years in the late '90s and early 2000s. Barrett,

who brought the event back with the help of SIFF Artistic Director Carl Spence, believes that it is important to "really spotlight women filmmakers and the stories that are being directed by women."

"[Women in Cinema] celebrates the exceptional contributions of women in the world of cinema, represents a convergence of excellence in filmmaking, and showcases stunning features and documentaries from around the world," said Barrett.

This year's event will feature films from the U.S., Canada, Kenya and Argentina.

"Gender equity is really swinging away from women directors, who are such an important part of our culture to hear from," Barrett said. "[It's imperative] to support the films that are getting made and give women a platform to find an audience."

Actress Elaine Stritch is one of the most underappreciated and talented women in the film industry, although

she has been an icon on Broadway since her debut in 1944. First time director Chiemi Karasawa made it her mission to showcase Stritch's life in her documentary "Elaine Stritch: Shoot Me," which will be showcased in Seattle on the festival's opening night.

Karasawa worked as a script supervisor for 18 years after graduating from college, and had experience working alongside directors such as Spike Jonze, Jim Jarmusch and Martin Scorsese.

"As script supervisor, you have so much exposure to the director while he's directing; you're more well-suited to becoming a director as you have the closest proximity to the director," said Karasawa.

Karasawa started her own film company in 2005 with Isotope Films and since the company's induction the group has produced a variety of documentaries, garnering both awards and buzz. "Elaine Stritch: Shoot Me" came about by accident when Karasawa

and Stritch met at their hair salon. Karasawa and her cinematographer then spent a year and a half shooting Stritch's day-to-day life, followed by six months of editing. The film debuted at 2013's Tribeca Film Festival to rave reviews and Karasawa hopes that the Seattle audience will be inspired by the film, as well as life in general and how we choose to live it.

"[Elaine] is such a unique one-of-a-kind performer...what a role model," Karasawa said.

"Elaine Stritch: Shoot Me" will open up the festival on Jan. 22 at SIFF Cinema Uptown with Karasawa in attendance; tickets for the film, as well as the other eight films until Jan. 26, will be \$11.

Grace may be reached at entertainment@su-spectator.com.



COURTESY OF SIFF

"Elaine Stritch: Shoot Me," detailing a year and a half of footage of Stritch's life, will be opening the Women in Cinema festival this year at SIFF. Director Chiemi Karasawa will be in attendance.

HEDREEN TO FEATURE FEMALE ARTISTS IN PANEL

Sumedha Majumdar
Volunteer Writer

Feminism is alive and well in the Seattle art community. This year's Seattle Women's Convention will help to prove this fact with events such as "Female Artists aka Artists" taking place at Hedreen Gallery on Jan. 23.

Last year, the convention focused on the influence of women on the field of art. One exhibition titled "Elles: Women Artists from the Centre Pompidou, Paris" featured more than 130 artworks by over 75 women artists; the artwork presented was mainly from 1907 to 2007. The exhibition, which was hosted by the Seattle Art Museum, featured a collection of paintings, sculptures, videos, drawings and photos by female artists; the museum's ads for the exhibition declared "Women are taking over!"

"Elles," which garnered praise from the surrounding art community, led to a series of heartfelt discussions about feminism. Artists from all over the country joined in and there was a great deal of conversation about female artists following this exhibition. Discussions focused primarily on the subjects of female artists' contribution to art, the still-present gender disparity and what needs to be done in the future.

A year after the Elles exhibition, the convention is back to figure out if any changes have taken place in terms of feminist credibility in art. This year, local artist Joey Veltkamp will host discussions about issues such as fair representation and equality for female artists. He will be joined by other notable artists on Jan. 23 such as Jen Graves, Susie J. Lee and Susanna Bluhm, all of whom are affiliated with the Seattle art community.

The panelists will try to answer key questions like how often the works of women artists are recognized in the Seattle art community and how each artist experiences public recognition.

"One year after Elles, I don't think much has happened specifically as a result of the exhibition, but there is generally more awareness of gender inequities in social media clamor," said Lee in an email.

Lee, an award-winning artist, will preview her upcoming project "Siren" at the event. Lee received her M.F.A. from the University of Washington in 2006 and has since had her artwork showcased around the world.

Bluhm, an award-winning artist from California, hopes "this discussion will lead to a greater understanding of the issues surrounding female artists."

The discussion will be open to all.

Bluhm pointed out that the intended audience is the Seattle art community, but anyone with any ideas about gender is welcome to participate.

Graves, The Stranger's visual arts writer, said that the discussion is "less about targeting an audience mainly, and more about inviting an audience."

Graves feels that people discuss these topics already, but an event like "Female Artists aka Artists" will give them an opportunity to share their ideas with the public.

Lee stated that meaningful change happens when the majority understands and wants change.

"It is thrilling to watch, like the dominoes falling, the number of states that are allowing gay marriage. It would be great to see this type of energy extended for women and minority rights [in an event like this]," Lee said.

The event will take place at the Hedreen Gallery in the Lee Center for the Arts on Jan. 23, beginning at 6 p.m. It is open to the public.

The editor may be reached at entertainment@su-spectator.com

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If you don't have plans for this Friday, why not head over to KSUB and listen to some awesome live (and loud) music?

This Friday, the on-campus radio station will be hosting Seattle's own The Jesus Rehab. Formed in 2010, the band consists of brothers Jared and Dominic Cortese, who feature the following quote on their Facebook page: "Disorient the listener, free them from expectation." The group has done just that over the past few years, with one LP and two EPs on the market, as well as a ton of credibility with their live performances.

The duo also has many connections to previous KSUB in-studio bands, such as Pickwick, Julia Massey and the Five Finger Discount.

As Jared recently posted on the KSUB Facebook event page, the group also loves the on-campus radio station more than spaghetti. "And I really love spaghetti," Jared writes. The group also posted a music video for their newly released song "Mind Readers," featuring KSUB DJ and Seattle University senior Geoff Vincent.

So, if you're interested in jamming out to a pair that keeps on trucking with awesome tunes, head on over to KSUB's lounge and dance your heart out.

A MUSIC VIDEO BY THE JESUS REHAB



COURTESY OF THE JESUS REHAB VIA FACEBOOK

KSUB PREVIEW: THE JESUS REHAB

NEXT SHOW: CD RELEASE PARTY WITH HOUNDS OF WILD HUNT AND TANGERINE AT THE SUNSET TAVERN, FEB. 1

CRITIC'S CORNER: 'AUGUST: OSAGE COUNTY'

Darlene Graham
Staff Writer

Have you ever woken up wanting to shatter any and all signs of joy with a giant hammer? Well, that's the type of attitude I wish I had when I sat down to watch "August: Osage County."

Addressing issues of prescription drug dependency, alcoholism, domestic violence, suicide and even incest, it's a grim

yet powerful two hours of film, as we delve deeply into a tortured family.

After the apparent suicide of the family's elderly father Beverly (Sam Shepard), a tenderhearted and pensive poet, the Weston daughters bitterly reunite with their mother in Pawhuska, Oklahoma, to perform the post-mortem responsibilities of the self-made patriarch.

Meryl Streep is ardently committed to her role as the menacing yet tragic

mother Violet, who condemns her family members to a relentless diatribe as she seeks to cope with the suicide of her underappreciated husband. Denying all condolences, Violet masks her deeply rooted internal suffering with an array of potent narcotics, an addiction previously enabled by her weary husband.

Beyond the roaring monstrosity that is Streep's character, it's important to note the fine acting of some of the subtler characters, including loyal daughter Ivy (Julianne Nicholson). Ivy's tolerant and forgiving nature in the face of her mother's emotional abuse helps her to serve as a foil not only to Violet but also Barbara, the eldest Weston daughter (Julia Roberts).

Barbara, who left home early on to free herself from the "madhouse that is my family," is most adamant in ending her family's warped dynamic. Unlike Ivy, Barbara is boldly defiant to Violet's hate and seizes the shifting familial structure as an opportunity to silence her mother. Ironically, however, in her many attempts to face up to Violet, Barbara finds herself progressively morphing into her cruelty counterpart, and mirroring many of the traits she loathes in her mother.

The writing attempts brief moments of comic relief with little quips presumably meant to make light of addiction and mental illness, to the point of normalizing

or even glamorizing the afflictions. At one point Violet's sister Mattie Faye (Margo Martindale) plops down with a glass of straight whiskey at eleven o'clock in the morning and responds to her husband's condemnation by referring to it as "A cocktail... have some class."

I struggled to see the humor in these callous misrepresentations of the issues being addressed. If anything, the only comedic moments in the film were nervous laughter as a result of the ever-increasing degree of suffering, as the plot evolved from the depiction of a family's grieving at the death of their father into a chronicle of a multi-generational history of emotional abuse rooted in self-loathing stagnates in America's heartland.

Director John Wells bids his audience farewell with a reserved sense of hopefulness in the closing scene, as Barbara drives away from the family compound, never to return, but after spending two hours with the Westons, feelings of disparity are hard to shake.

There is one benefit to this trip through Osage County: dreary Seattle will suddenly seem like paradise.

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COURTESY OF THE WEINSTEIN COMPANY

The setting does not help lighten the mood in "August: Osage County."

23

LEARNING:

Soup With Substance @
STCN 160, 12:30 p.m.

MUSIC:

Wild Club @ Tractor
Tavern, 8 p.m.

24

TREAT YO' SELF:

OAR Gear Swap @
STCN 160, 5 p.m.

MUSIC:

Lord Huron @ Showbox
at the Market, 8 p.m.

25

MUSIC:

Volcano Choir @ The
Neptune, 7 p.m.

26

THROWBACK:

Ying Yang Twins @
Nectar Lounge, 8 p.m.

27

CINEMA:

TJ's Silent Movie Mon-
days- "Pandora's Box"
@ The Paramount, 6
p.m.

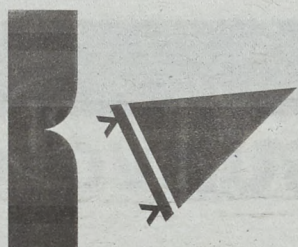
REMEMBRANCE:

Holocaust/Genocide
Lecture/Remembrance
@ STCN 160, 7 p.m.

28

MANNERS:

SU Etiquette Dinner @
Campion Ballroom, 6
p.m.



LOCAL WOMAN HOSTS A 'FUNERAL FOR FAT'

Sheldon Costa
Staff Writer

To the casual observer, the headline at the top of Sharee Hansen's Tumblr blog might seem a bit zealous: "I wear black when I work out. It's a funeral for my fat." But for Hansen, a 24-year-old currently working toward her graduate degree at Central Washington University, the statement has been a guiding principle for the last five years of her life. In that time, she went from 256 pounds to 138—a total loss of 118 pounds.

Hansen said that her journey started when she was 17 and standing in a clothing store in the mall with her mother. Unable to fit into the same clothes as her friends, Hansen became so frustrated with the size of her body she broke down into tears. She and her mother joined Weight Watchers, lost 11 pounds and promptly gave up on exercising, thinking she had learned enough to stay healthy. When she returned at the end of her senior year, Hansen found out that she had gained the weight back plus some and experienced another breakdown with her mother in the car just outside the Weight Watchers facility. Hansen discussed her life-changing choice in an interview with *The Spectator*.

"I was choosing to sabotage myself," Hansen said. "I turned to my mom and said, 'I'm done. I'm done feeling this way. I'm gonna do something about it and I'm gonna make it work.'"

Since then, Hansen's blog—which tracks her own weight loss and provides tips for eating healthy and exercising—has blown up and her story has been covered by a number of publications, including *People Magazine*. She also appeared on "Good Morning America" to talk about losing so much weight, as well as how to maintain a healthy diet.

Hansen said that stories like hers are appealing to people because they remind them that they can achieve

weight loss goals if they really want to.

"I think it appeals to people because so many times we're told we can't do something—'You can't lose that much weight. You can't accomplish that.' So to see someone who was told they couldn't, and does...I think that's why people like it."

Thanks to the new year, Seattle University's gym has seen a surge of new gym-goers intent on realizing their resolutions to whittle their waistlines. And, like every year, as February approaches, this deluge is beginning to trickle out into the normal flow of regular customers.

"I've worked at a gym since I was in high school and [the New Year's rush] happens every January...Most people don't stick with it," said Laura Hoffman, a Seattle U student who works the front desk of the fitness center.

And where does this obsession with weight loss come from?

American media's relationship with obesity and weight loss isn't particularly new. But, the pressures it often exerts on people who don't feel they are the right size or shape can lead to some extremely unhealthy lifestyles. According to the National Association of Anorexia Nervosa and Asso-

I was choosing to sabotage myself. I turned to my mom and said, 'I'm done.'

Sharee Hansen
Blog author

ciated Disorders, 24 million people in the United States suffer from anorexia or related conditions, which have the "highest mortality rate of any mental illness."

Moreover, in recent years "thin-spiration" blogs have become wildly popular. At a glance they might seem benign enough, with pictures of thin

ATHLETE OF THE WEEK:
ASHLEY FARLEY

TREVOR UMBINETTI • THE SPECTATOR

Q: Do you eat anything specific before a game?

A: "We get apple slices and fruit snacks in the locker room before a game."

Q: What do you/ the team do to get pumped for a game?

A: "My routine is to take a nap before the game no matter what to get my mind focused. As a team, we get a pregame speech right before we go out to get us pumped up."

Q: What do you like to hear or see from a crowd?

A: "A lot of energy, and being loud and encouraging and getting on their feet for good things that happen."

Q: Hawks or Broncos?

A: "Hawks all the way!"

models and inspirational quotes about keeping up on exercise routines. However, a quick scan of Tumblr's "thin-spiration" posts reveals a far darker picture. Over images of thin girls one finds quotes like "Your stomach isn't grumbling, it's applauding" or "You're fat and ugly, stop eating."

If these blogs are examples of what can go wrong with weight loss, though, Hansen's own serves as a reminder of a positive way to look at weight. Her focus is on eating healthy and exercising as opposed to calorie counting, and she never resorts to body shaming.

"I never felt ugly," Hansen said. "I just knew who I looked like wasn't who I felt I should be. I just wanted to be healthier. I wanted to feel comfortable."

For those who are hoping to change their bodies this year, people like Hansen can serve as a good example. Rather than emphasizing societal standards of beauty, Hansen inspires

determination to feel good in your own skin. And as for maintaining that New Year's goal?

"Definitely plan," she said. "Plan your workouts. Plan your meals. If you leave working out to chance, you're not going to do it."

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SU MEN'S BASKETBALL FALLS SHORT TO CSUB

Lena Beck
Staff Writer

Thursday's basketball game was close to the last second – literally.

Seattle University men's basketball lost the first of two Western Athletic Conference (WAC) games this past weekend. California State University, Bakersfield (CSUB) walked away with a victory by a skimpy four points.

The Redhawks opened the game by establishing a 10-point lead right off the bat. After winning the tip off, they immediately made it down the floor and junior guard Isiah Umipeg scored a three-pointer. For approximately the first seven minutes, the Redhawks held CSUB at only four points, with thirteen and a half minutes left in the first half, Seattle U was up 14-4.

From there, the lead dissipated. Bakersfield started catching up and surpassing Seattle U, seemingly when Bakersfield switched into defense mode. Coach Dollar, however, doesn't attribute the slip to anything in particular, but rather says that his whole team's game was lacking. He said that no particular strengths or weaknesses of the team itself showed through, but that the passing, rebounding, and scoring was not up to par.

He took some of the blame, however, stating, "I gotta do a better job."

By the end of the first half, the score was Bakersfield, 27- 21. For the rest of the game, Seattle U didn't let CSUB too far out of their sights, as they were never more than 10 points behind. During the last few minutes of the second half, the Redhawks closed the gap and stood a chance. With 23 seconds left, they were down by six. Both teams crawled forward on free throws, and with seven seconds remaining Seattle U was down by five. The game ended much the way it started when Umipeg scored another three-pointer with one second left, leaving it a two point game. After a last timeout, Se-

attle U fought to get the ball and score in the remaining fraction of a sec-

The Redhawks will be a more successful team once they start "playing with a higher motor"

Isiah Umipeg
Player

ond. Seattle U fouled Bakersfield on the hopes of catching a rebound, but CSUB made both of their free throws, leaving the final score as 61-57.

After the game, Umipeg echoed his coach's sentiments of the need to work on a wide array of skills for their next match-up. Umipeg complained specifically that their shots hadn't fallen, and how they needed to play harder, especially on defense. He also mentioned the importance of energy. Umipeg concluded that, while one game isn't the end of the world, the Redhawks will be a more successful team once they start "playing with a higher motor."

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AMY TRUONG THE SPECTATOR

Center, Jack Crook makes the hoop against Utah Valley. Seattle University lost as Utah Valley pulled out a 52-51 victory.

INNOVATIVE WAYS TO STAY ACTIVE IN THE OFFICE

Harrison Bucher
Staff Writer

So far, assistant nursing professor Karen Cowgill has traveled 135.86 miles and burned 13,663 calories—all from the comfort of her own office.

In light of recent evidence showing the importance of maintaining a low level of activity throughout the day, Cowgill has created a treadmill desk that she uses throughout the day. And she's not the only one that's picked up on the trend.

Studies suggest that an hour spent at the gym may not counteract the negative effects of long periods of lethargy. Let's face it, whether we're working at a desk, watching TV or eating dinner, we sit down a lot.

An article from "The Economist" discusses the importance of standing up and maintaining light activity in addition to the short bursts of high activity one would experience at the gym.

"I had heard of the treadmill desks when there was an article about them in The New Yorker last spring," Cowgill said. "When I read that, it triggered the desire to actually implement it."

As an epidemiologist, Cowgill aims to predict and prevent diseases. There has been research in recent years showing that people who sit for long periods of time face greater health risks including higher cancer rates.

"It is impossible to be a public health professional and not be aware of the trends in our society toward reduced activity in general," Cowgill said.

Although the concept of walking for hours to nowhere in particular might seem pointless, treadmill desk users reap the health benefits. But if a treadmill desk doesn't work for you—or your miniscule dorm room—here are some other new inventions that could help energize long periods of inactivity.

OTHER UNUSUAL MODES OF EXERCISE

BY EMILY HEDBERG

The ElliptiGo

Anyone who has visited a gym has seen the ellipticals in the cardio center. Meant to simulate running without the impact, the elliptical is a perfect way to get your cardio in while avoiding injury. Some genius has reinvented the machine and created the ElliptiGo, which is meant for the outdoors. The machine's website champions the ElliptiGo as the best form of cross-training for runners. So, even though the device looks pretty ridiculous, occupies an absurd amount of space, and was recalled back in November because of some structural issues, it is a great device to take a few laps around the company parking lot with.

Hula Chair

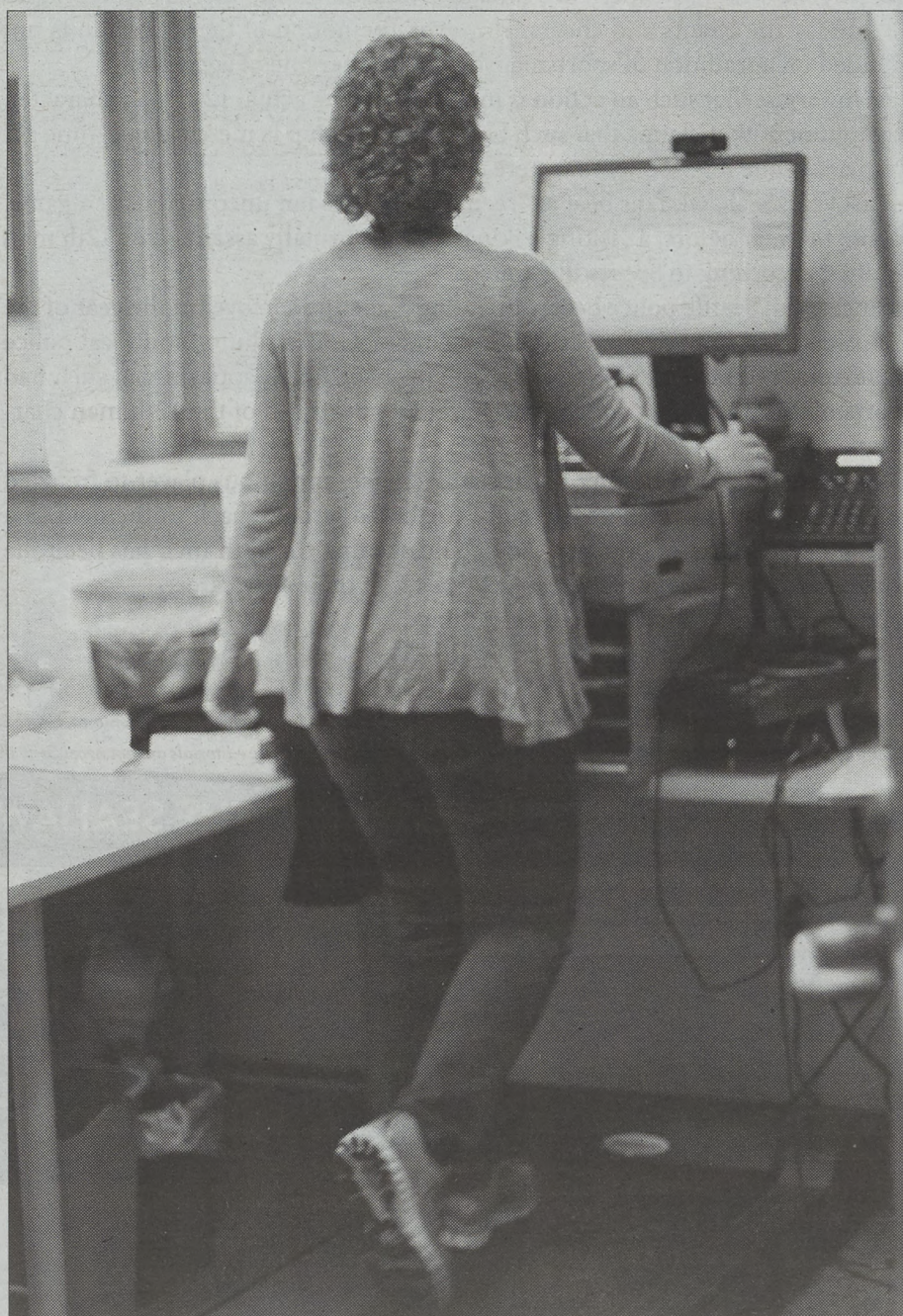
If you are not feeling particularly motivated to leave the office and mount a strange (not to mention dangerous) piece of exercise equipment, you don't have to. This chair does the exercising for you. The hula chair has massage and swivel components. So, without the slightest of effort, the seat of your chair will rotate back and forth. The Hula Chair's website boasts that such a movement exercises you on a visceral level, massaging and strengthening your organs to improve indigestion. Who needs a treadmill desk when you can have the exercise done for you?

Kangoo Jumps

Lastly, if you are more mobile than the average Hula Chair consumer, have a gander at Kangoo Jumps. Reminiscent of the childhood must-have Moon Shoes, Kangoo Jumps provide low-impact cardiovascular activity similar to that achieved with the ElliptiGo. In addition to the production of endorphins, a small running store in Bellevue claims that "a few minutes

a day will reduce excess fat, manage body composition and improve muscle-to-fat ratio." Well, that just about encompasses the major goals of exercise, so why anyone would consider anything else is beyond me.

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AMY TRUONG THE SPECTATOR

Seattle U's Nursing professor, Karen Cowgill stays active while working hard in the office with her treadmill desk.



BAD 12TH MAN-NERS

During the recent game against the San Francisco 49ers, Seahawks fans took to throwing popcorn at an injured player as he was carted off the field with a torn ACL.

Now there is a true touchdown in fandom etiquette don'ts—and perhaps just another sign that the 12th man needs a reminder of the difference between being a fan and being an asshole.

We are all for good old-fashioned community togetherness and camaraderie. Anyone who has experience on a sport's team knows there's something to be said for the chants and cheers. However, the notion of the 12th man is not founded on a tradition of sportsmanship, but rather one of aggression.

Many argue that such an action is inaccurate of the actual 12th man character. An argument that claims that such bad sportsmanship is merely a one-time act from a juvenile few. If only that were true.

Last year, Seahawk fans beat a Green Bay Packers fan unconscious at a game. Again, the year before, a visiting Vikings fan was brutally assaulted by 12th man fanatics, according to Sports Illustrated.

Since then, Seattle police began attending games undercover in the gear of the opposing team to keep the 12th man accountable. If stadiums and local police are adapting to prevent a progression of violence, then it appears that such bad sportsmanship is in fact an extremely accurate portrayal of the 12th man character.

We perpetuate one another in that belligerence—pompous player to frenzied fan, frenzied fan to furthered ferocity, furthered ferocity back to the field in a well-aimed handful of popcorn. You could say that the 12th man has been the final punt the Seahawks needed to get this far in their NFL career.

But maybe that shouldn't be a good thing.

MINIMUM vs LIVING WAGE

The public debate over raising the minimum wage has grown to an ever more polarized fervor, with opponents on the right such as Fox News host Steve Varney questioning whether all workers, even those with little education, "really deserve \$15 an hour."

I'll start with the obvious retort, or at least one that should be obvious to my fellow millennials: I just finished working at a minimum-wage job, and many of my coworkers were college educated, in their 20s and 30s, and some even had families to support. Face it, baby boomers, this is the world you left us. If I'm able to get a job in any non-service, non-retail field when I graduate, I'll consider myself one of the lucky ones.

But this line of reasoning doesn't even really matter. Should your level of education or age really be the deciding factor in whether you should be able to feed yourself or have a roof over your head? The argument in favor of a living wage is so obvious, it's hard to even make. Anyone who is working full time should be able to feed themselves and their families.

Furthermore, minimum wage has actually gone down over time. Adjusted for inflation, the federal minimum wage in 1968 was nearly \$11 per hour, even higher than Washington's is now. But these numbers don't even tell the whole story - if the minimum wage had kept up with worker productivity, it would be almost \$22.

Corporations are making more money than ever. But that money isn't going where it should.

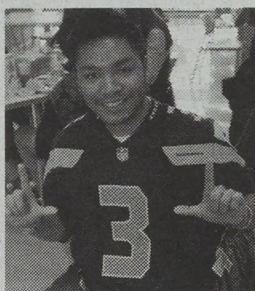
- Caroline Ferguson, *Copy Chief and Managing Editor*

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HOW DO YOU FEEL ABOUT THE SEAHAWKS?

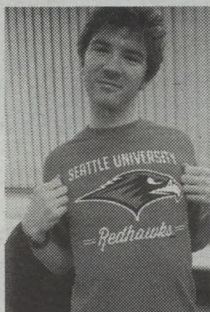
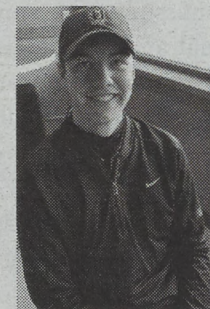
"I think the Seahawks had arguably their best season this year. The receivers are still kind of young, but it's about that time of the season to step up. Go Hawks."

Ian Atienza, Sophomore



"I'm a Seahawks fan. I watch games with my dad. I'm not die-hard or anything... but they're the best and they're gonna win the Super Bowl."

Kyle Cornett, Freshman



"Good fans. Pretty loud. Partially helped by the stadium. They've definitely had some off-the-field issues. I respect what they've done this year, but they might not have the money or players to do it in the coming years."

Louis Rodriguez, Freshman



"I like them, I mean, it's the city I live in. Come on. But what I honestly hope for is if the Sonics would just come back."

Mykal Caldwell, Senior

THE GUIDANCE COUNSELOR

by Emily August

Emily is not a licensed guidance counselor, but neither was Ann Landers.



Q: *I think I'm in love with my professor. What should I do?*

A: Let it motivate you to kick buns in the class—they're more likely to notice you if you're setting the curve for exams. Pursuing this would jeopardize both your admittance at Seattle U and their job, and saying anything would be wildly uncomfortable. Besides, you'll probably have them again if they're in your department. Wait till graduation and if you haven't forgotten about them yet then keep in contact. But realistically, forget it. You do you and they'll be doing them, or more realistically their spouse.

Q: *This quarter sucks so much and it's only the third week back. I can't focus and I just feel overwhelmed by my workload all the time. Do you have any advice?*

A: Wow, it's only week three? Winter term has a way of burning out students; it's pretty rough to get up for that 8 a.m. when it's as dark as the devil's underside out there. Think of all you wanna accomplish in the next seven weeks (that's less than two months!). Stay busy, prioritize how you spend your time, exercise, keep your room clean, find personal time to reward yourself, and utilize a couple solid social outlets. Also, reflect on if this is unusual for you come winter – could you have Seasonal Affective Disorder? Common treatments for SAD are light therapy (happy lights), medication and vitamin D supplements. The office for Health and Wellness Promotion (HAWK) is located on the 3rd floor of the Student Center and offers workshops on combating SAD. Also Counseling and Psychological Services (CAPS, in the Leadership Pavilion), could be a good resource for you to talk to someone.

Q: *I've had feelings for my best friend for a long time now, but he has a girlfriend. We kissed over the weekend and now I'm hoping he'll break up with her. I want to talk to him about it, but I don't exactly know how and I'm nervous. Should I just pretend it never happened?*

A: If it was a rando, I'd say pretend it never happened. But since he's your best friend, talk to him when you can articulate what is going down in your dome. It doesn't have to be a super huge deal since you two are so comfortable around each other, so something casual should be sufficient. But in the mean time, chill. He'll break up with his girlfriend for you if he wants to, so exercise integrity, see what he has to say, and respect his decision.

Happy Trails,
Emily

Visit www.seattlespectator.com/category/opinion/ to submit a question.

CRUSH & TELL



Roses are red,
Violets are blue,
If you've got a crush,
This column's for you.

Wanna flirt? Send your crush to cat@su-spectator.com.

You are the jewel of Norway. Whenever I see your large frame and your blonde, quaffed hair, my heart flutters like a small, fragile butterfly ready to take flight into the great unknown. I hope that one day you can handle me like you handle your camera—gently, with your finger on my zoom.

With Kurt Cobain as your doppelganger, you are the master of all things diction and when you ask for something “fiery” we both know you're looking for more than just a compelling opening. I won't mess with the Lone Star state for fear of harming the city that is now sacred for which you are named. Keep your leather gloves on.

Damn, girl. Gonna miss you at Starbucks on Summit and Madison. Your luscious, coiffed red hair and your shining personality always lit up my morning. Hope to see you soon around campus—maybe I can buy you coffee...

CORRECTIONS:

Provost Isiaah Crawford's first name is spelled incorrectly throughout the article titled “Provost Urges Faculty Not to Unionize.” We regret the error.



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